



Practical Solutions to Challenges in Internal Medicine

October 4, 2025 | Lewis Ginter Botanical Garden

Presented by the VCU Department of Internal Medicine and VCU Health Continuing Education

Register at vcu.cloud-cme.com/practical2025



SCHEDULE & REGISTRATION

Come learn about advances and more at “Practical Solutions to Challenges in Internal Medicine.” Experts from VCU will discuss innovative new approaches and how best to work with subspecialists to improve the care of patients. Medicine is moving fast, and this conference will help you keep pace with new advances in obesity, heart failure, depression, and other health conditions.

A.M.

- 7:00 **Registration and Breakfast with Exhibitors**
- 7:55 **Welcome and Introduction**
Alan Dow, MD
- 8:00 **Obesity: Understanding Connections and Treatment Outcomes**
Ann Forrest, DO
- 8:45 **The Heart Failure Revolution**
Corey R. Trankle, MD
- 9:30 **Break with Exhibitors**
- 9:45 **Advances in CKD Staging and Management**
Sarah Street, MD
- 10:20 **Anemia Pearls for Primary Care**
Ruchi Desai MD
- 10:55 **Lung Nodules: Screening and Evaluation**
Toribiong Uchel, MD
- 11:30 **Lunch Pick-up**
- 11:45 **Top 10 POEMS That Will Change Your Practice for 2025**
Scott M. Strayer, MD

P.M.

- 12:30 **Break with Exhibitors**
- 12:40 **Advances in Addiction Management**
Hannah Kissel-Smith, MD
- 1:15 **Inflammatory Arthritis**
Neha Gupta, MD
- 1:50 **Break with Exhibitors**
- 2:00 **Challenges in Depression Management**
John L. Beyer, MD
- 2:35 **The Coughing Adult**
Farukh Abbas, MD
- 3:10 **Final Comments**
- 3:15 **Adjourn**

Course Objectives

- Describe recent advances in medical practice that are important for improving patient care.
- Recognize which conditions can be managed in a non-specialty setting and which patients require tertiary care expertise.
- Identify how best to collaborate with subspecialists in the care of primary care patients.

Accreditation and Credit



In support of improving patient care, VCU Health Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

VCU Health Continuing Education designates this live activity for a maximum of 6.25 **AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

VCU Health Continuing Education designates this activity for a maximum of 6.25 **ANCC contact hours**. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

Registration

Register online at vcu.cloud-cme.com/practical2025.

Fee: General Registration \$249

Registration Deadline: September 19, 2025

Venue

Lewis Ginter Botanical Garden
1800 Lakeside Ave, Henrico, VA 23228



FACULTY

VCU Department of Internal Medicine Planning Committee

Alan Dow, MD, MSHA - Conference Chair

Division Chief, Division of Hospital Medicine
President and CEO, VCU Health Continuing Education
Professor of Internal Medicine

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Family Nurse Practitioner
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Faculty

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Department of Internal Medicine
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Assistant Professor of Medicine
Associate Program Director of Interventional
Pulmonology Fellowship
Division of Pulmonary & Critical Care
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Cancellation Policy

Registration fee, less a 25% non-refundable administrative fee, will be refunded only if written notice of cancellation is received via email to ceinfo@vcuhealth.org on or before **September 19, 2025**. There will be no refunds after that date.

Disclaimers

Minimum and maximum numbers for attendance at this event have been established, and we reserve the right to substitute speakers/topics, adjust credit hours, or cancel if necessary.

By attending this event you grant VCU Health Continuing Education the right at the event to record, film, photograph, or capture your likeness in any media and to distribute, broadcast, use, or otherwise disseminate, in perpetuity, such media without any further approval from or any payment to you.

Accommodation

All participants have the right to participate in this continuing education activity without discrimination due to age, race, ethnicity, religion, culture, language, physical or mental disability, socioeconomic status, sex (sexual orientation, gender identity or expression and pregnancy), protected veteran status, marital status, genetic information, or any other protected characteristics under applicable federal, state, or local law. If you need accommodations to participate in this activity, please contact us at ceinfo@vcuhealth.org for more information. Requests for accommodations must be received 21 days prior to activity start date.

Complaint Policy and Resolution Process

All complaints must be made in writing to ceinfo@vcuhealth.org.

All complaints will be logged into the complaint log. The Director, Continuing Education will attempt to resolve the complaint within the first contact, when possible, and will respond to the client and customer's concerns within 5 business days of the initial complaint. At the time of the first contact, Director, Continuing Education will inform the complainant if more time will be needed to research the complaint.

If the complaint is still unresolved after communication with the Director, Continuing Education, or if the initial complaint is not addressed in a timely manner, the complainant may contact the President & CEO, UHS-PEP. The President & CEO will then contact the complainant and endeavor to resolve the complaint within 10 business days after being contacted.

The complaint log will be regularly reviewed to identify areas of operations and service that may require improvement. The Director, Continuing Education will research reoccurring complaint matters and recommend process and procedure changes, when appropriate. These changes will be noted on the Complaint Resolution Log, and any necessary policy and/or procedure updates will be made within 15 business days thereafter.

Disclosure Statement

In compliance with ACCME Standards, all planners and presenter relationships with commercial supporters have been resolved. All presenting faculty affirm that they will employ the best available evidence from all sources to support any clinical recommendations made in their presentations. If learners detect any commercial bias in any presentation, they should document their observations on the activity evaluation.

Questions?

Contact VCU Health Continuing Education.
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